





PARENTING IS HARD. EPIC CAN HELP.



PROGRAM TOPICS:

- Dealing with Disobedience
- Managing Fighting & Aggression
- Developing Good Bedtime Routines
- Hassle-Free Shopping with Children

WHEN:

Tuesdays

Feb 13 - Mar 12

6pm - 8pm

• All courses held on Zoom

TO REGISTER CONTACT

Melissa Brind'Amour at 716-677-3377